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(A community based program for children, 5-19 years)

EXERCISE - SITES

- ❖ **Flatbush YMCA -1401 Flatbush Ave. Brooklyn, NY (718-469-8100)**
[Btw. Farragut Rd. and Foster Ave. Bus: B41, B6 /Subway: 2 & 5 to Flatbush Junction]
General Exercise: Monday: 5:00pm to 6:00pm and Wednesday: 5:00pm to 6:00pm

- ❖ **Brownsville Recreation Center-1555 Linden Blvd, Brooklyn, NY (718-345-2706)**
[Btw. Mother Gaston & Christopher St. Bus: B35, B60, B15 & B8 /Subway: L to New Lots Ave]
General Exercise: Friday 4:30 pm – 5:30pm or 5:30pm – 6:30pm
Saturday: 9:00am - 10:00am or 10:00am - 11:00am

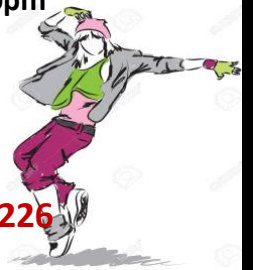
- ❖ **CAMBA Beacon/George Gershwin IS 166 - 800 Van Siclen Ave, Brooklyn, NY**
[Corner Linden Blvd & Van Siclen Bus:B83 Subway: 3 to Van Siclen (4 Blocks t-o site)] (718-675-3355)
General Exercise Program: Friday: 5:00pm – 6:00pm and Saturday: 10:00am - 12 Noon

- ❖ **P.S. 284 Greg “Jacko” Jackson School - 213 Osborn St, Brooklyn, NY 11212**
General Exercise Program: Tuesdays: 2:30 pm to 4:00 pm Thursdays – 2:30pm to 4:00pm

- ❖ **Kappa V Middle School - 985 Rockaway Avenue, Brooklyn, NY (718-922-4690)**
BASKETBALL PROGRAM Bus: B35, B60, B15 & B8 /Subway: L to New Lots Ave]
General Exercise: Tuesdays: 5:30 pm – 7:00pm and Thursdays: 5:30pm – 7:00pm

Sponsored by: The Robin Hood Foundation

Clinic Location: 1162 Eastern Parkway, Brooklyn, NY 11213
Clinic Location: BrightPoint Health, 2412 Church Ave, Brooklyn, NY 11226
Clinic Location: Downstate Medical Hospital,



For **SIGN-UP** for Exercise Program or If you have any question call
Rena Sooknanan: **718-221-1598** Fax - 718-221-4147 www.livelight.org

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