



Because Nothing
Should Weigh a Child Down

EXERCISE SITES

Flatbush YMCA

1401 Flatbush Ave. Brooklyn, NY

Btw. Farragut Rd. and Foster Ave. Bus: B41, B6 /Subway: 2 &5 to Flatbush Junction

718-469-8100

General Exercise:

Monday: 5:00pm to 6:00pm

Wednesday: 5:00pm to 6:00pm

Brownsville Recreation Center

1555 Linden Blvd, Brooklyn, NY

Btw. Mother Gaston & Christopher St. Bus: B35, B60, B15 & B8 /Subway: L to New Lots Ave

718-345-2706

General Exercise:

**Friday: 4:30pm – 5:30pm
5:30pm – 6:30pm**

**Saturday: 9:00am - 10:00am
10:00am - 11:00am**

CAMBA Beacon/George Gershwin IS 166

800 Van Siclen Ave, Brooklyn, NY

Corner Linden Blvd & Van Siclen Bus:B83 Subway: 3 to Van Siclen (4 Blocks to site)

718-675-3355

General Exercise Program:

Friday: 5:00pm – 6:00pm

Saturday: 10:00am - 12 Noon

P.S. 284 Greg “Jacko” Jackson School

213 Osborn St, Brooklyn, NY 11212

General Exercise Program:

Tuesdays: 2:30pm to 4:00pm

Thursdays: 2:30pm to 4:00pm

Kappa V Middle School

985 Rockaway Avenue, Brooklyn, NY

Bus: B35, B60, B15 & B8 /Subway: L to New Lots Ave]

718-922-4690

BASKETBALL PROGRAM

Tuesdays: 5:30pm – 7:00pm

Thursdays: 5:30pm – 7:00pm

Any questions? Contact us at 718-221-1598