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NYC Service

Have you ever wanted to lead your own group exercise class? Now you can!

NYC Parks and Recreation presents:

Fitness Instructor Training Program

This comprehensive 10-week training program followed by a 6-month internship leading your very own Shape Up NYC class will give you hands-on experience to prepare you for a nationally accredited certification exam.

Locations:

West Bronx Recreation Center
1527 Jesup Avenue, Bronx, NY 10452
Saturdays from 3-5:30pm
Starting October 4, 2014

McDonald Field House
775 Forest Avenue, Staten Island, NY 10310
Wednesdays from 5-8pm
Starting October 1, 2014

McCarren Play Center
776 Lorimer Street, Brooklyn, NY 11222
Saturdays from 9:15-11:45am
Starting September 27, 2014

Gertrude Ederle Recreation Center
232 West 60th Street, New York, NY 10023
Thursdays from 6-8:30pm
Starting October 2, 2014

Lost Battalion Hall Recreation Center
93-29 Queens Boulevard, Queens, NY 11374
Tuesdays from 6-8:30pm
Starting September 23, 2014

To apply please complete an application at:

<http://www.nycgovparks.org/programs/recreation/shape-up-nyc/instructor-training>



Qualifications: Demonstrated interest in fitness, including current participation in group exercise classes. Prior exercise instruction experience preferred, but not required.

Cost: \$60 for fingerprinting and background check. NYC Parks recreation center membership required. For membership pricing, visit: <http://www.nycgovparks.org/programs/recreation-centers/membership>

Please apply by August 31, 2014

For questions or help with the application, please e-mail shapeupnyc@parks.nyc.gov