# "Childhood Obesity: its implications and relevance to our practice"

Registration Form (please print)

Zid:

Name:

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City:

State:

Daytime Phone: ( )

Fax: ( )

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Degree & Profession:

**Registration Fee:** Free for MediSys Staff (Bring your ID for registration)

\$20.00 for Non-MediSys Staff (Make your check payable to "Jamaica Hospital Medical Center")

# Seating is limited. Please register by November 5, 2015:

1. Mail to: Child and Adolescent Psychiatry Symposium Department of Psychiatry Jamaica Hospital Medical Center 8900 Van Wyck Expressway Jamaica, New York 11418

OR

2. Fax to: (718) 206-7169 Child and Adolescent Psychiatry Symposium Pay your registration fee at the door

For additional information please call: Joanne Eagan, LCSW (718) 206-5593 Madhu Rajanna, MD (718) 206-5573



# JAMAICA HOSPITAL MEDICAL CENTER

DEPARTMENT OF PSYCHIATRY DIVISION OF CHILD AND ADOLESCENT PSYCHIATRY

presents

THE SEVENTH ANNUAL CHILD AND ADOLESCENT PSYCHIATRY SYMPOSIUM

# "Childhood Obesity: its implications and relevance to our practice"

THURSDAY NOVEMBER 19, 2015

7:30 AM TO 1:00 PM

OLD TRUMP PAVILION 90-28 Van Wyck Expressway Jamaica, New York 11418



## **SPEAKERS**

## Emerging Concepts in Childhood Obesity: Threats and Solutions

#### Sarita Dhuper, M.D. Director of Pediatric Cardiology Founder and Director: Live Light, Live Right Obesity Program Brookdale University Hospital Clinical Associate Professor of Pediatrics SUNY Downstate Medical Center Brooklyn, NY

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### Childhood Obesity and Psychological Issues

#### Madhu Rajanna, M.D.

Director Mental Health Clinic Assistant Program Director Psychiatry Residency Training Jamaica Hospital Medical Center Jamaica, NY

## Antipsychotics and Weight Gain in Children

Bertrand Winsberg, M.D. Child Psychiatrist Division of Metabolic Disorders Essex County Hospital Cedar Grove, NJ Former Attending and Director Child Day Treatment Program Brookdale Hospital

#### ACCREDITATION

Flushing Hospital Medical Center of the Medisys Health Network, is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to sponsor continuing medical education for physicians. FHMC designates this educational activity for a maximum of 4.0 hours in category 1 credit toward the AMA Physician's Recognition Award. Each physician should claim only those hours of credit that he/she actually spent in the educational activity.

#### FACULTY DISCLOSURE

The "Faculty Disclosure Policy" of Jamaica Hospital Medical Center requires that faculty participating in a CME activity disclose to the audience any relationship with a pharmaceutical or equipment company and/or commercial distributor of this activity that might pose a potential, apparent, or real conflict of interest with regard to their contribution to the activity.

## PROGRAM

## Thursday, November 19, 2015 7:30 A.M. – 1:00 P.M.

7:30 – 8:15AM	Breakfast and Registration
8:15 – 8:25AM	Opening Remarks <b>Seeth Vivek, M.D.</b> Chairman Department of Psychiatry
8:25 – 8:35AM	Welcome Address <b>Mr. Bruce Flanz</b> CEO, Medisys Health Network
8:35 - 8:45AM	Introduction of the Speaker <b>Vinod Dhar, M.D.</b> Associate Chairman Department of Psychiatry
8:45 – 9:30AM	Emerging Concepts in Childhood Obesity: Threats and solutions <b>Sarita Dhuper, M.D.</b>
9:30 – 9:40AM	Introduction of the Speaker <b>Fermin Gonzales, M.D.</b> Director Child and Adolescent Psychiatry
9:40 – 10:25AM	Childhood Obesity and Psychological Issues Madhu Rajanna, M.D.
10:25 – 10:45AM	Break
10:45 – 10:55AM	Introduction of the Speaker <b>Teresita Ruiz, M.D.</b> Asst. Director Child and Adolescent Psychiatry
10:55 – 11:40AM	Bertrand Winsberg, M.D.
11:40 – 12:40PM	Question and Answer <b>Kamalendra Sen, M.D.</b> Child Psychiatrist
12:40 – 12:50PM	Closing Remarks <b>Anthony Maffia, LCSW-R/BC</b> Vice President Department of Psychiatry

## **OBJECTIVES**

### I. EMERGING CONCEPTS IN CHILDHOOD OBESITY: THREATS AND SOLUTIONS.

- a. To understand the causes for the rise in obesity and the role of fetal programming
- b. To understand the metabolic complications associated with abnormal fat deposition
- c. Discuss the theories for persistent weight gain and weight regain in susceptible individuals

## II. CHILDHOOD OBESITY AND PSYCHOLOGICAL ISSUES

- a. To know the psychological consequences of childhood obesity
- b. To learn about the impact of Psychological issues in the causation of childhood obesity
- c. To learn about the interventions in Preventing and treating the adverse Psychological consequences of childhood obesity

### III. ANTIPSYCHOTICS AND WEIGHT GAIN IN CHILDREN

- a. Review the current status of childhood obesity
- b. Present research findings in an attempt to elucidate antipsychotic effects on weight gain in childhood behavior
- c. Discuss future direction in the understanding of susceptibility to weight gain among children receiving antipsychotic drugs

#### SPECIAL THANKS TO:

Psychiatry Administration: Seeth Vivek, M.D., Chairman Anthony Maffia, LCSW-R, Vice President Savitri Singh, RN, Director and Administrator

Symposium Core Group:

Vinod Dhar, M.D. Madhu Rajanna, M.D.

Fermin Gonzales, M.D.

Teresita Ruiz. M.D.

Alberto Palomino, LCSW

Roxana Korb, LCSW

Kamalendra Sen, MD

Bushra Iftikhar, MD

Joanne Eagan, LCSW

Simone Downey

Secretarial Staff: Anne Incantalupo Catalina Canavan Aneela Choudhary

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