

A Multidiscipline Symposium Featuring

Medical, Surgical & Psychological Aspects of Morbid Obesity

**Tuesday
May 15, 2018
7:45 AM - 1:00 PM**

Location

**Flushing Hospital Medical Center
Auditorium (Fifth Floor)**

**45 Ave. at Parsons Blvd
Flushing, NY 11355**

Flushing Hospital Medical Center is accredited by the Medical Society of the State of New York (MSSNY) to provide continuing medical education for physicians.

The Medical Society of the State of New York designates this live activity for a maximum of 4.5 AMA PRA Category 1 Credits. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

FHMC relies upon planners and faculty participants to provide educational information that is objective and free of bias. In this spirit & in accordance with MSSNY/ACCME guidelines, all speakers & planners must disclose relevant financial relationships with commercial interests whose products, devices or services may be discussed in the CME content or may be perceived as a real or apparent conflict of interest. Any discussion of investigational or unlabeled use of a product will be identified.

The planners, moderator, and presenters do not have any financial arrangements or affiliations with any commercial entities whose products, research or services may be discussed in this activity.

No commercial funding has been accepted for this activity.

Agenda

- 7:45-8:00 am.....Coffee & Registration
- 8:00-8:05 am.....Neil Mandava, MD, F.A.C.S.
Welcome
- 8:05-8:10 am.....Sanjeev Rajpal, MD, F.A.C.S.
Introduction
- 8:10-8:55 am.....Sarita Dhuper, MD, FACC
*Wt. gain, Wt. loss, Wt. re-gain, What drives this cycle?
Is there a solution?*
- 8:55-9:25 am.....Vinay Kapoor, MD
*Management of Type II Diabetes
& Metabolic Syndrome*
- 9:25-9:55 am.....Wern How Yam, Ph.D
Motivational interviewing, and sowing the seeds of change
- 10:00-10:10 am.....Break
- 10:10-10:40 am.....Darshak Shah, MD
Current State of Obesity & Bariatric Surgery
- 10:40-11:20 am.....Noman Khan, DO
Complications of Bariatric Surgery
- 11:20-11:50 am.....Daniel Khaimov, MD, F.A.C.S.
Anesthesia & Pain Management
- 11:50-12:20 pm.....Daryl Arcinas, BSN, RN
Safe Pt. handling/Mobilization
- 12:20-12:50 pm.....Marsha Sommervil, MA, RD, CDN
Nutritional Aspects & Fitness
- 12:50-1:00 pm.....Questions & Answers
- 1:00 pm.....Lunch



&



Presents

The Obesity Care Continuum



A Continuing Medical Education Program

**For Registration Information
Please contact Jeanese at
718-670-5544
jbarrite.flushing@jhmc.org**

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THE OBESITY CARE CONTINUUM

Overall Purpose/Goal

This program is designed for, Physicians, Registered & licensed Professional Nurses, Registered Dietitians and other health care professionals to provide an opportunity to broaden and enhance their knowledge base in caring for the patient with the disease of morbid obesity & metabolic syndrome and to enhance their ability to administer safe and appropriate care to the obese population.

Objectives:

- * Define the disease of obesity.
- * Discuss possible solutions to the weight gain/regain cycle.
- * Discuss obesity and associated metabolic changes.
- * Discuss motivation & what influences change.
- * Explain the relationship between body mechanics and injury prevention.
- * Identify measures that can be implemented to address the potential for injury in the obese patient.
- * Discuss the obesity epidemic & the surgical options for weight loss.
- * Explain the four types of surgical procedures and how they accomplish weight loss.
- * Identify measures that can be implemented for pain control.
- * Identify and educate on the most common complications of Bariatric Surgery
- * Discuss diagnosis and treatment of common complications
- * List at least four sensitive issues the obese patient experiences.
- * Explain the need for adequate nutrition before & after weight loss.
- * Explain obesity, as a state of starvation.

Registration Form

(Print or type)
(Please register on or before May 15, 2018)

Name: _____

Address: _____

City: _____ State: ____ Zip: _____

E-Mail: _____

Phone: _____

Specialty: _____

Employer: _____

Credentials: _____

To register, fax completed form to:
718-670-4569

OR

Register by E- mail
Jbarrite.flushing@jhmc.org

Registration Fee: **Free**

Course Fee: **Free**



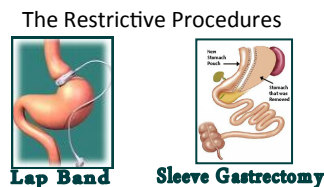
45 Ave. at Parsons Blvd
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Phone: 718-670-8908
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Surgical Procedures performed for weight loss:

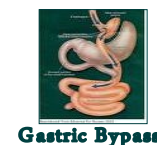
Weight loss surgical procedures are indicated for use in weight reduction for severely obese patients with a Body Mass Index (BMI) of at least 40. A BMI of at least 35 with one or more severe co-morbid conditions, or those who are 80-100 pounds or more over their estimated ideal weight. It is indicated for use only in severely obese adult patients who have failed more conservative weight reduction alternatives, such as supervised diet, exercise and behavior modification programs.

Patients who elect to have this surgery must make the commitment to accept significant changes in their eating habits for the rest of their lives.

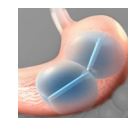
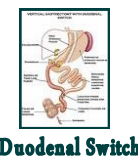
The types of surgical procedures commonly performed for weight loss are:



The Combination Procedure



The Mal-absorptive procedure



The Balloon